

Published based on [Gout Medicine: Finding the Cure](#)

Gout Medicine: Finding the Cure

Gout has been a subject of extensive medical research since time immemorial that has greatly contributed to a wide selection of cure available to the public. But with all the products available in the market, it can be confusing, especially when you want the most effective **gout medicine** that won't cost a huge sum of money. It pays to be aware of the available cure and your health condition to find one that best meets your needs.

When you want immediate relief from gout pain, an effective over-the-counter painkiller comes in handy. However, you need to consult your doctor or the pharmacist on what's effective for you. There are different types of **gout medicines** for pain relief, including ibuprofen, aspirin (low dosage) and mefenamic acid, to name a few, but not all of them will be effective in easing your pain; it all depends on how your body reacts to the medicine's formulation.

Swelling heightens the painful sensation, causing a huge amount of pain to crawl through your body at the slightest touch of the affected area. When buying a **gout medicine**, you may opt for nonsteroidal anti-inflammatory drugs (NSAIDs). These drugs help reduce inflammation as well as diminish the uric acid formation in the joints, alleviating the pain. However, you should be aware of the side effects induced by some of these medicines. Vomiting, nausea and ulcer are just some of the noted side effects of NSAIDs. Some anti-inflammatory medicine also doubles as painkillers.

Other **gout medicines** are prescribed not just for immediate gout relief, but more so for effective treatment of the disease. Sulfapyrazone, considered as NSAIDs assists in controlling the uric acid by removing it from the body. Depending on the medical condition, the patient may be required to take more than one prescription drug. There are a lot of things that a doctor has to consider when prescribing drugs, as not all medications are suitable to everyone. Keep this in mind before looking for alternative cure.

Further research led to other discoveries that promoted natural treatments, such as herbal medicines. One of the plants now used to treat gout is the Devil's Claw. It is used to ease the discomfort brought about by fever and pain. Another natural pain reliever is the celery seed. Still, just like the other prescription drugs, these herbal medicines may react differently when taken with other **gout medicines**. Consulting your doctor before taking these cures is recommended.

One medication that has no known side effect is the cherry. There are a growing number of testimonies pointing out how effective the fruit is in preventing gout, claiming it's very effective in lowering the level of uric acid.

Taking fruits such as cherries are highly recommended in a low purine diet that will complement any medications you're taking. Healthy eating is the first step in making sure that you maximize the effect of any **gout medicine** you take to cure your gout. By eating the right food in moderation, you help lower down your uric acid levels and achieve your goal of avoiding another attack.

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