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Febuxostat or Allopurinol To Cure Your Gout Symptoms?

When it comes to deciding whether or not to use one gout cure over another it's a good idea to check out the facts. If you've looked into Febuxostat and Allopurinol you may be interested in which one is better, so what's the verdict? Well you may be surprised and if you're currently suffering from **gout symptoms** you should make sure you read on to see which medication is better for reducing your uric acid levels and preventing further **gout symptoms**.

Gout is a very painful medical issue to suffer with and the fact of the matter is that it is highly treatable these days. Medications like Febuxostat and Allopurinol have been made available that help reduce uric acid levels, the cause of gout flare ups, and can eventually reduce or cure the **gout symptoms** altogether. That being said, which one works better at reducing uric acid in the body?

A recent study has shown that Febuxostat is the best medication for lowering uric acid levels when compared to Allopurinol. Patients who took Febuxostat had lower uric acid in their bodies and as a result less chance of gout flare ups. Since gout is a very common and highly painful medical issue that many older people suffer from it's a good idea to always stay proactive with your treatment even if you rely on medication like Febuxostat to help.

It's important to always drink plenty of water, eat foods that have lower purine levels and exercise as much as possible. With proper diet and exercise a medication like Febuxostat can help make an integral part of your gout treatment plan and relieve your *gout symptoms*.

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